



CALGARY ROCKIES F.C.

AFFORDABLE EXCELLENCE
WHERE KIDS COME FIRST

24 HOUR POLICY

The 24-hour rule is designed to prevent families and friends from voicing their concerns or displaying anger towards Rockies Coaches/Senior Staff until 24 hours after a game.

The following examples are contrary to 24 Hour Rule:

Within 24 hours of a game a parent, family member or friend of the family:

- Calls a coach to complain about the way they run the locker room before games.
- Approaches a coach about the amount of time a player played.
- Approaches a coach with negative feedback concerning the game or practice.
- Emails a coach to discuss the feedback their child received on the bench.

A violation of this rule is approaching the coach in person, by phone or in writing/email within 24 hours of finishing a game or practice to voice a concern about something that occurred before, during or after the game. This rule applies to anyone who attends the game with your family.

After 24 hours, parents are welcome to email their coach with their concerns in a proper and appropriate manner and then arrange a time to talk in person; the Rule of 2 applies for the coach. If the coach knows the topic at hand, they have the opportunity to discuss with the Tech staff and/or leadership to get advice and/or to have one of them present.

Timing a child's playing time is highly discouraged. Parents should enjoy their development.