



# Player/Parent Code of Conduct

As a member of the Calgary Rockies \_\_\_\_\_, I \_\_\_\_\_  
agree to the following terms of play. (Team name) (Players name)

1. **Effort:** I will give 100% during practice and games.
2. **Punctuality:** I will commit to arriving 15 minutes prior to the start of all practices and 30 minutes before the start of all games.
3. **Communication:** My parent(s) or legal guardian(s) will indicate my availability for practices and games using the Power Up app. Should the 24-hour cutoff be missed, my parent will get in contact with the coach for any last-minute emergency changes.
4. **Respect:** I will always be respectful to my teammates, the opposition, all coaches, and referees. Neither me, nor any of the people associated with me will violate this rule. As parents, we will watch from designated areas and will not enter the technical area around the benches or the pitch at the end of the game, unless invited by the coach. Unsportsmanlike behavior will not be tolerated, including but not limited to profane language, disrespectful behavior, or dissent towards referees.
5. **Equipment:** I agree to be responsible for bringing the following equipment to all practices and games
  - a. **Medication:** I will always carry any essential medication in the top pocket of the Rockies backpack and will inform my coach on the requirements.
  - b. **Cleats / Indoor shoes:** Appropriate shoes for the location your session is taking place. If the game is taking place in a school or a gym INDOOR shoe without studs are required. If games take place on turf, cleats are permitted but are not a requirement; indoor shoes can also be worn.
  - c. **Shin guards:** I will wear shin guards as they are mandatory for player safety.
  - d. **Water Bottle:** I will bring a name-tagged water bottle to each session and during practice and games and will keep it on the team bench.
  - e. **Appropriate Game Wear:** I will wear the designated team uniform for all games and appropriate training attire for all practices and will not wear any form of jewelry on the field during games.
  - f. **Clothing:** I will have all training gear, all game gear, including Away Uniforms and Performance gear, if applicable, in my backpack always.
  - g. **Soccer Ball:** Players must bring their Rockies size-appropriate ball to all practices.

By signing below, both I and my parent(s) or legal guardian acknowledge that they have read and understand this contract and agree to abide by its terms and conditions.

Player's Name (Printed):

Parent/Legal Guardian's Name (Printed):

\_\_\_\_\_

\_\_\_\_\_

Players Signature:

Parent/Legal Guardian's Signature:

\_\_\_\_\_

\_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_